



MNA Bulletin

THE OFFICIAL PUBLICATION OF MALAYSIAN NURSES ASSOCIATION

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VISION

The Malaysian Nurses Association is the association of choice for all registered nurses in promoting and maintaining the honour, interest and the advancement of nursing as a profession.

MISSION

Aims to become the premier association for Malaysian nurses dedicated to:

- Develop and promote high standards of nursing education, practice and research.*
- Uphold the image of nursing.*
- Abide by the professional ethics.*
- Be the centre of national and international nursing networking.*
- Implement and collaborate with other organizations for health promotion.*
- Express its opinion and to acquaint the government and other bodies with the policies and aspirations of the nursing profession.*
- Promote professional, social, cultural and charitable activities.*

PRESIDENT'S MESSAGE



Salam Sejahtera to all members of MNA!

It is indeed a great honour for me to be re-elected as the President for another term (2018–2020). Thank you to all members and I promise to do my best for our association and nursing profession even though we will be facing challenges ahead. This is the first issue for 2018 bulletin covering activities of MNA from January–April 2018. As usual, in the early part of the year MNA had been busy with many activities and programs organized by branches, Special Interest Groups and the MNA HQ. MNA also involved in

the international events early this year. Some of the activities and events highlighted in this issue are:-

- 23rd Biennial Meeting 2018 and the 4th Commonwealth Nurses and Midwives Conference in London
- China Operating Room Nursing Academic Conference in Xian, China
- 68th Annual General Meeting and seminar in Melaka
- Sarawak Nursing Seminar Series 1, 2 & 3
- Community Programs from the branches
- Educational and Collaboration programs by Special Interest Groups.

Many other activities were also organized by the branches to strengthen community bonds and improving MNA members' competencies. MNA welcomes involvement from members interested to contribute towards this bulletin and members are also encouraged to contribute articles to JOMNA as well. I am very proud of the effort and commitment of all members involved in organizing the activities.

Last but not least I would like to congratulate Ms. Yohgasundry Letchumanan newly appointed Chief Editor of the Malaysian Nurses Association (MNA) Bulletin and Ms Fatimah Alias the Chairman of the Journal Club for putting their hard work to publish this issue.

Thank You

Sharipah Asiah Syed Junid Aljunid

MESSAGE FROM CHIEF EDITOR



Warm greetings and welcome to 2018. As the year begins it always seems to provide us with an opportunity to reflect on those things that are most important to us. Therefore, this platform the bulletin

is where all members can write in as to share those important moments. The Bulletin covers all aspects of educational and community activities carried out by the members within the association or the collaborative activities. As known first issue of this Bulletin will cover activities from January to April, second the events and activities organised from May to August and finally the third issue from September to December 2018. The editorial board would like to thank all the Branches and Special Interest Group (SIG) for giving the input. Your

Support will ensure enriched and timely publication of the Bulletin.

I hope the pictorial write ups in this Bulletin will bring pleasant memories and cheers to all members. It's always a cherished moments for those who are able to participate in all the events undertaken by MNA. And for those who were not able to attend will be a motivating factor as to participate in upcoming events.

As the Chief Editor of the Malaysian Nurses Association (MNA) Bulletin, I would like to take the opportunity to thank Madam Fatimah Alias and the Journal Club for all their efforts in ensuring timely printing of previous editions.

Happy reading

L. Yohgasundry Letchumanan

68TH ANNUAL GENERAL MEETING (AGM) AND NURSING SEMINAR

The 68th AGM was held at the Ramada Plaza Hotel in the historical state of Malacca from 23 to 25 March 2018. About 1000 members of Malaysian Nurses Association (MNA) from various states of Malaysia came to give their support. Various activities arranged as to facilitate the audience to engage in professional discussion related to nursing. At the same time, update the members on activities scheduled by the association throughout the present year. It is also the platform for networking for leaders and a session of 'lost and found'. Many colleagues managed to find their lost contact from training.

Both Madam Sharipah Asiah Syed Junid Al Junid and Madam Nornisah Bakri retained their post as President and Honourable General Treasurer. Their won the post uncontested.



OPENING DINNER- BABA NYONYA NITE AND LAUNCHING OF PUBLIC HEALTH BOOK

The gala dinner with the theme Baba Nyonya went on lively. Guest of honour was Y.Bhg Datuk Dr Noor Hisham bin Abdullah, Director of Health Malaysia. Present was also the Malacca State Health Director and Matron. The night went on with full of music and laughter with live band singing and entertainment from energetic emcee.



Baba Nyonya Nite



Launching of Public Health Book

68TH ANNUAL GENERAL MEETING & SEMINAR SESSION: "HEALTHCARE CHALLENGES IN 2030"

This year's educational seminar had a twist from previous years. The Director of Nursing Madam Tumble Ngadiran @ Tomblow had an opportunity to meet her nurses from various state at one time. She gave her views on the topic "Emerging Leaders' Are You Ready". Young nurses were enlighten about their roles and responsibilities as leaders.

Dr Nor Hakima Makhtar Geriatrician from Malacca General Hospital presented on elderly care. Madam L. Yohgasundry Letchumanan Vice President Education moderated the seminar session. The question and answer session were over whelming for both session.

During the business session, the secretary and treasurer tabled their minutes. President discussed resolutions from branches. A positive debate took place by the seniors giving their stand on the resolutions discussed.



Business Session





NEGERI SEMBILAN BRANCH



KELANTAN BRANCH



SARAWAK BRANCH



PENANG BRANCH



WPKL BRANCH



PAHANG BRANCH



JOHOR BRANCH



SELANGOR BRANCH



IJN BRANCH



RSHDC BRANCH

WINNER OF ZUBAIDAH SHIELD & PRESIDENTIAL TROPHY



ZUBAIDAH SHIELD & PRESIDENTIAL TROPHY

The most active branch that fulfil all tabulated criteria will be awarded with Zubaidah Shield. This year the award was topped again by Sarawak branch. Followed by HUSM, Perlis, UKMMC and Kelantan in fifth place. Consolation prize went to UMMC, Pahang, Kedah, RHSDC and Penang.

MNA has twelve (12) Special Interest Group. This wing comes under the supervision of Deputy President Madam Asiah Supaat. Newborn in this group is SIG Mental Health. Winner of the Presidential Trophy 2018 went to SIG Perioperative followed by Journal Club, Renal, MINSIG and SIG Public Health in fifth place. President Madam Sharipah Asiah Syed Junid Al Junid awarded winners.



WINNER OF ZUBAIDAH SHIELD
SARAWAK BRANCH



2ND PLACE



3RD PLACE



4TH PLACE



5TH PLACE



WINNER OF PRESIDENTIAL TROPHY
SIG PERIOPERATIVE



2ND PLACE



3RD PLACE



4TH PLACE



5TH PLACE

PROGRAM PEMUKINAN PEMANTAPAN KEPIMPINAN MINISTRY OF HEALTH (MOH) MALAYSIA

MOH had invited a total of 32 Non-Governmental Associations (NGOs) to participate in the program. Malaysian Nurses Association (MNA) sends two representatives namely Puan Fatimah Binti Alias, the Honorary General Secretary and Puan Lailatul Hanum Binti Mohd Idris, Chairman Kedah Branch gathered at the Ulu Sepri Negeri Sembilan Bina Negara Camp on February 8-9 February 2018.



The purpose is to provide an explanation and understanding of the government's wish to uphold the people and NGOs as an agent to deliver the wishes of the Malaysian government. They were divided into 6 big groups to discuss topic given to them and then presented the issue. The participants received a courtesy visit from YB Dato' Seri Dr. Hilmi Bin Haji Yahaya, the Deputy Minister of Health and Dato' Seri Dr. Chen Chaw Min, Secretary General who later delivered the mandate from the Malaysian government.

23RD CNMF BIENNIAL MEETING AND THE 4TH COMMONWEALTH NURSES AND MIDWIVES CONFERENCE, LONDON, FROM 9TH – 11TH MARCH 2018

The President of MNA Ms Sharipah Asiah Syed Junid Aljunid and the Vice President (Media & IT) Ms Sapiah Abdul Hadi represented MNA to the CNMF 23rd Biennial meeting on 9th March 2018 at the Royal College of Nursing, London UK. The Biennial Meeting is the decision making body of the CNMF. At the meeting, members voted on constitutional changes, endorsed policy statements, and elected the new CNMF President and Deputy President.

The meeting was then followed with the 4th Commonwealth Nurses and Midwives Conference, was held at the historic Royal College of Physicians, Regent's Park London on 10th -11th March 2018. Two hundred and fifteen participants from 24 different countries attended the conference. The conference was opened by the Commonwealth Secretary General, the Rt Hon Patricia Scotland QC who gave the keynote address. Excellent presentations by nurses and midwives from every region of the Commonwealth addressed the conference theme, demonstrating how nurses and midwives can and are leading the way to a safe, healthy and peaceful world



Malaysian Delegates during the discussion



Ms Cecelia Anim ,President Royal College of Nursing, UK, with Malaysian delegates



Ms Sharipah Asiah & Ms Sapiah Abdul Hadi and the delegates from Asia Region



Malaysian Delegates with the Outgoing CNMF President, Ms Ramziah Ahmad (Malaysia) and incoming CNMF President, Professor Kathleen McCourt (United Kingdom)

SARAWAK NURSING SEMINAR SERIES 1, 2 & 3

Sarawak Branch organized three series of Nursing Seminars. The main objective is to impart knowledge to all nurses on different topics in Nursing and Health.

The first series was organized conjunction with the Sarawak Branch AGM on the 6th January 2018 at the SUPP Building attended by 435 members. Second was at the Sarawak General Hospital Research Centre on the 3rd March 2018 attended by 370 nurses. There were overwhelmed response from members and non-members and in view of that Sarawak branch then held another session on the 17th March 2018 at the Sarawak Heart Centre which was then attended by 260 nurses.



6/1/2018



3/3/2018



17/3/2018

WORKSHOP: MONTAGE FOR BEGINNER

Special Interest Group Journal Club (SIG) has successfully organised a Workshop: Montage for Beginner on 10 Jan 2018. A total of 29 members and non-members took their first step to create simple montage. On completion of the workshop, the participants have learned the technique to select pictures, video and music for preparation of montage according to theme from youtube; they were able to create simple montage presentation and gained a basic knowledge on montage presentation. SIG Journal Club would like to thank Ms Maslinawati Md Manap and Mr Adam Asyraf Bin Sulaiman from UMMC branch for sharing the knowledge.



COMMUNITY PROGRAMME KG. CHABAU JASIN

'Ziarah kasih' programme was a collaboration activity undertaken between MNA Malacca Branch and Institute of Training Ministry of Health Malacca. It took place on 20 January 2018 at Kg. Chabau Jasin. The program was officiated by YB Datuk Wira Ghazale Muhamad. Medical Checkup for the villagers was carried out. Activities such as blood pressure and blood sugar monitoring, BMI, vision testing were done. Villagers were given appropriate health education based on the findings and question asked. Ten members made a home visit to 16 houses. They made a quick check in the house and the surroundings. Two villagers were referred to the nearest Health Clinic for further management.



SEMINAR "QUALITY NURSING TOWARDS PATIENT SAFETY"

The educational seminar was organized in collaboration between the Perioperative Special Interest Group Malaysian Nurses Association and Medtronic Malaysia Sdn. Bhd. This seminar was held on 3rd March 2018 at The Ascent, Level 23, Lot 14 A Lorong Utara A Jln SS7/19 Petaling Jaya. Sixty participants from government and private hospitals around Klang Valley attended the seminar.

The President of Malaysian Nurses Association (MNA) Ms Sharipah Asiah Binti Syed Junid Al Junid gave her welcoming speech. She thanked both the Special Interest Group Perioperative and Medtronic team for their great effort in organizing the Collaboration Educational Seminar.

The seminar consists of lectures and demonstrations. The speakers were Assoc Prof Dr Aizura Syafinaz who delivered on "Operative Settings and Instruments in Laparoscopic Hysterectomy for better Patient Safety" and Ms Annusuyai Devi A/P Suppiah delivered regarding "Electrosurgery in Operating Room Towards Patients Safety". Both were from UMMC. The third speaker was Ms Sabina Beh from Park City Medical Centre who delivered on "Fire Safety in Operating Room".

The seminar ended with closing remark by Ms Salawati Sidek, SIG Perioperative Chairman.



Welcome speech given by MNA President



MNA President, Speakers, Ms Linda and Committee Members



Demonstration by Medtronic Staff



PENGURUSAN EMOSI DAN GAYA HIDUP SIHAT DI TEMPAT KERJA DAN DI RUMAH



On 7 April 2018, Special Interest Group Journal Club collaborated with Persatuan Peminat Gaya Hidup Kehijauan Kuala Lumpur Selangor (Green Lifestyle Association) (GLA) organised a workshop title "Pengurusan Emosi Dan Gaya Hidup Sihat Ditempat Kerja Dan Di Rumah". There were overwhelming respond from nurses to join the program. The program started with Zumba dance as early as 0800 in the morning. Participants were then given a taste of energy drink after one hour of Zumba dance. Ms Fatimah and team from Journal Club taught the participants on massaging technique to relieve tension while at work. A total of 200 participants enjoyed and give a good comment to the organiser.

CHINA OPERATING ROOM NURSING ACADEMIC CONFERENCE

Theme: NEW ERA, NEW START, NEW DEVELOPMENT

During 13th April till 14th April 2018, MNA President, Ms Sharipah Asiah and MNA SIG Perioperative International Liaison Officer, Ms Khoh Sham Ching were the invited guests for Great CORN Conference held at Qujiang International Convention Centre, Xian, China. Both of them are the Asian International Operating Nurse Association (ASIORNA) Board Member. More than 4,000 local and international participants attended the conference.

At this conference, local and international speakers including Ms Sharipah Asiah gave their keynotes. Ms Sharipah Asiah talked on "Challenges and Development of OR Nursing in Malaysia."

Ms Sharipah Asiah took the opportunity to meet the Vice Presidents of China Nurses Association (CNA) to discuss on the establishment of close collaboration with one another. During this meeting the Malaysian Nursing Pathway was shared.

The ASIORNA Board members will discuss on Celebration of 10th Anniversary of ASIORNA in 2019 of in Malaysia. The discussion will take place on May 2016 at Adelaide.



Seated Centre: Vice President CNA Professor Zheng Li & Puan Sharipah Asiah

CARE OF TOTAL PARENTERAL NUTRITION (TPN)/CENTRAL LINE



HUSM branch held an educational seminar Care Of Total Parenteral Nutrition (TPN) / Central Line on 28/2/18 at Kuala Krai Hospital. It was attended by 50 participants consist of doctors and paramedic. Participants were given updates on the total parental nutrition. It was an active interactive session between the participants and the speaker. The speaker introduced the goal of the treatment is to correct or prevent malnutrition. Parenteral nutrition provides liquid nutrients; including carbohydrates, proteins, fats, vitamins, minerals and electrolytes. Those attended gave a positive remark.

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