



# MNA Bulletin

THE OFFICIAL PUBLICATION OF MALAYSIAN NURSES ASSOCIATION

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## Vision

*The Malaysian Nurses Association is the association of choice for all registered nurses in promoting and maintaining the honour, interest and the advancement of nursing as a profession.*

## Mission

*Aims to become the premier association for Malaysian nurses dedicated to:*

- Develop and promote high standards of nursing education, practice and research.*
- Uphold the image of nursing.*
- Abide by the professional ethics.*
- Be the centre of national and international nursing networking.*
- Implement and collaborate with other organizations for health promotion.*
- Express its opinion and to acquaint the government and other bodies with the policies and aspirations of the nursing profession.*
- Promote professional, social, cultural and charitable activities.*

## PRESIDENT'S MESSAGE



*Assalamualaikum and Salam Sejahtera.*

Greeting to all members of MNA!

The first quarter of 2017 saw our beloved Malaysian Nurses Association (MNA) forging ahead with beneficial activities on behalf of all members, in strengthening our foothold in the community and our position as recognized nursing practitioners.

The most notable agenda was MNA's 67th Annual General Meeting (AGM) and Nursing Seminar, held at the Imperial Hotel in Kuching Sarawak. Hosted by the Sarawak branch and was attended by 1000 members from all over Malaysia, the event provided a platform to exchange views about the nursing profession and knowledge updates concerning the association. This event was later proceeded with an election process, in naming personnel for posts of Deputy President and three Vice-presidents' vacancies (Education, Service and Media & IT ).

A seminar titled Authentic Leadership towards Nursing Challenges Today was organized on the second day, conveyed by four outstanding speakers, on how to establish a coaching environment and having an effective mentoring system.

MNA represented by current President Puan Sharipah Asiah Syed Junid Aljunid and SIG Perioperative International Liaison Officer; Ms Khoh Sham Ching, attended the ASIORNA board meeting in Hangzhou, China, on April 15th 2017. Exchanging relevant concerns on Asian countries' collaboration and current activities in regards to perioperative nursing. MNA's flag-bearers mingled with other delegates from the Asian region including Australia and New Zealand. The event culminated with a visit to Zhejiang Provincial People's Hospital.

Other small scale domestic activities were also organized within this first quarter, run by local branches towards strengthening community ties and upgrading MNA member's competency levels. Many more meaningful activities should be coming in the months ahead.

Thank you

**Sharipah Asiah Syed Junid Aljunid**

## JOURNAL CLUB CHAIRMAN'S MESSAGE



*Assalamualaikum and Salam Sejahtera.*

Dear members of Malaysian Nurses Association, Special Interest Group Journal Club was first given the opportunity to handle the bulletin in 2013. Since then the Exco members have tried their best to produce informative news related to our organisation. The articles were absorbed from activities either organised or participated from Head Quarters, 18 Branches and 11 Special Interest group.

MNA will produce 3 Bulletins each year. The issue 7 will cover the activities from January until April 2017. Members can assess the Bulletin on line at MNA official Website: [www.mna.org.my](http://www.mna.org.my). We do hope to receive a positive feedback from members to upgrade our MNA Bulletin. Your contributions are most welcome by us.

Thank You

**Fatimah Binti Alias**

## PRE 67<sup>TH</sup> ANNUAL GENERAL MEETING (AGM) PREPARATION

Principal council and MNA HQ staffs have their share in ensuring the successful of 67th AGM at Sarawak. The proceeding books and reports in CDs were packed at Wisma Jururawat and were brought to Sarawak safely by plane to destination.



## 67<sup>TH</sup> ANNUAL GENERAL MEETING (AGM) AND NURSING SEMINAR

The 67th AGM 2017 was hosted by Sarawak branch at Hotel Imperial Kuching, Sarawak from 24th until 26 March 2017. A total of 997 members of Malaysian Nurses Association (MNA) have come from various states of Malaysia to support the annual event. Many have volunteered to come because they know this is the perfect platform to discuss issues pertaining nursing profession and at the same time update knowledge on association activities throughout the fiscal year.

During the business session, the AGM minutes meeting were read and debated, the proposals by members were discussed and attended activities were reported.





2017 is the year of election for several posts at the highest level of MNA committee members namely Deputy President and Vice-President for Education, Services and Community and Media. This year definitely will be a memorable year because all the candidates won the posts uncontested. They are Pn Asiah Supaat from MOH for Deputy President Post, Pn L. Yohgasundry a/p Letchumanan from MNA Selangor branch for Vice President (Education), Vice President (Service) won by Pn Zamrudah Mohd. Ismail from PPUKM branch and last but not least the Vice President (Media & IT) post won by Pn. Sapiah Abdul Hadi from the PPUM branch.

Congratulation to all winners!!



**Announcement of new principal Council**



**Deputy President: Pn Asiah Supaat**



**VP Media & IT: Pn Sapiah**



**VP Education: Pn L.Yohgasundry**



**VP Service: Pn Zamrudah**

# OUTSTANDING ACHIEVEMENT: WINNER OF ZUBAIDAH SHIELD

Sarawak has been awarded the most active branch for 2017. They received the Zubaidah Shield challenge trophy. HUSM won the second place followed by Kelantan, Negeri Sembilan and PPUKM in fifth place. There are 5 consolation place awarded to Perlis, Johor, Pahang, Penang and PPUM.



***Congratulation Sarawak !!!***



**2nd: HUSM**



**3rd: Kelantan**



**4th: Negeri Sembilan**



**5th: PPUKM**



**Consolation**

# MOST ACTIVE SPECIAL INTEREST GROUP: WINNER OF PRESIDENTIAL TROPHY

MNA has a total of eleven (11) Special Interest group (SIG) under her wing. The SIG Perioperative has again been awarded the first place for 2017, SIG Renal second place followed by SIG Journal Club at third place, Malaysian infusion Special Interest Group (MINSIG) fourth place and SIG Public Health fifth place. Congratulation to all winners!!!



***Congratulation SIG Perioperative !!!***



**2nd: SIG Renal**



**3rd: SIG Journal Club**



**4th: MINSIG**



**5th: SIG Public Health**

## SEMINAR: AUTHENTIC LEADERSHIP TOWARDS NURSING CHALLENGES TODAY

On second day of AGM, from 8.45am until 12.30pm members were served with abundance of knowledge on nursing challenges, how to create a coaching environment and the implication for effective mentoring from outstanding speakers; YBhg. Dato' Dr. Hj Azman bin Abu Bakar, Prof Dato Dr. Hj Abdul Rahim Abdullah and Assoc. Prof Dr. Zabidah Putit.

Before lunch, President MNA, Pn Sharipah Asiah took the opportunity to deliver her thoughts in MNA - the Way Forward. She shared her concerned and her strategies to improve the organization.

## NEXT ANNUAL GENERAL MEETING VENUE - MELAKA



## 2017 ANNUAL ASIORNA BOARD MEETING



*ASIORNA Board Meeting*



*Token (MNA PLAQUE) Presentation*

On 15th April 2017 MNA President Mdm Sharipah Asiah Syed Junid Al Junid and Ms Khoh Sham Ching, SIG Perioperative International Liaison Officer attended the ASIORNA Board meeting at Hangzhou International Exhibition Centre Meeting Room 206, China. The meeting were also attended by Vice-President, Advisor and Board Members from China, Japan, Korea, Thailand, Singapore, Hong Kong, Australia and New Zealand.

The meeting highlights were on the collaboration of each ASIAN country activities in perioperative nursing. The coming 6th ASIORNA 2018 conference will be in Adelaide, Australia and ASIORNA Board meeting 2019 in Malaysia.

At the end of the meeting, Mdm Sharipah Asiah Syed Junid Aljunid and Ms Khoh Sham Ching presented a token to Ms Guo Li & Ms Chen Xiao Min as appreciation to China, the hosting country of board meeting. After the meeting, all board members were given a visit to Zhejiang Provincial People's Hospital.



*Zhejiang Provincial People's Hospital, Hangzhou, China*

# PROGRAM “DUHAI WANITA SAYANGI DIRIMU”

Malaysian Nurses Association (MNA) HUSM branch has taken the initiative to bring together nurses at the hospital to be with them and study on how to respect own body. This one day seminar focused on promoting hormones, diet and physical exercise among nurses to fight obesity. A total of 100 MNA members were involved. The program was held at Tutorial Room A, PPSP USM Campus Kesihatan on 12th April 2017.



# TADIKA ALHUSNI VISIT

RSDHC Branch led by Ms Yasotha Ratnam visited Tadika Alhusni located at Subang Jaya on 7th February 2017. They were 10 members volunteered to support the activity. Lots of fun activities were planned for the children with the involvement of their teacher Pn Zarina Bt Zohdi. The activities included on techniques of effective hand washing. It was a satisfying visit to see the children enjoyed the practical session on hand washing.



# JOURNAL CLUB WOW PRESENTATION WORKSHOP: HOW TO ACHIEVE IT!

On 11th February 2017, SIG Journal Club has organized a successful workshop on Power point Presentation at Wisma Jururawat. Associate Professor Dr. HjH Rohani Hj Arshad was the sole speaker and a total of 25 MNA members attended the workshop. The participants have learned how to Attain, Apply and Act on skills which were specifically put together the three essential elements; CONTENT, DESIGN AND DELIVERY of a WOW presentation.



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## SARAWAK BRANCH SEMINAR

Sarawak Branch have been actively organizing the Educational activities at different location or division. The Nursing Seminar was held on the 14th January 2017 in conjunction with the branch 44th Annual General Meeting. It was held at Sri Bunga Rampai Banquet Hall in Kuching and was attended by 538 nurses from throughout the state. The main objective was to update the nurses with latest information as well as sharing knowledge from different discipline in nursing.



# 18 MNA BRANCH DELEGATES

HUSM



IJN



JOHOR



KEDAH



KELANTAN



MELAKA



NEGERI SEMBILAN



PAHANG



PERAK



PERLIS





# 18 MNA BRANCH DELEGATES

PPUKM



PPUM



RSDHC



SARAWAK



SELANGOR



TERENGGANU



WPKL



P. PINANG



MNA 67th birthday  
In May 1950.. I was born  
In Penang I was launched  
By a group of angles in white uniform  
With a good deeds and bless by a song

I have thrived for 67 years  
With lots of sweats and tears  
The thrive become harder and harder  
But I have survive because we are all together

From baby boomer to Y generation  
Definitely we have our different attention  
But.....Don't let this different depart us  
From one become pieces

Throughout the years, the white angles has change color  
Science and technology has played a big role to the changes  
The nursing profession is at par with others  
But.. Please remember the art of care is best given with love

Now... in year 2017  
MNA has 18 branches and 11 SIGs under her wing  
We are at the top, so don't let it sink  
Bring more members and tie more links

Happy 67th Anniversary  
Tim mac2017





## MNA COUNCIL MEMBERS 2017 - 2018

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### **President**

Pn. Sharipah Asiah Syed Junid Al Junid

### **Deputy President**

Pn. Asiah Binti Supaat

### **Vice President (Media & IT)**

Pn. Sapiah Abdul Hadi

### **Vice President (Education)**

Pn. L. Yohgasundry Letchumanan

### **Vice President (Service)**

Pn. Zamrudah binti Mohd Ismail

### **Hon. Gen. Secretary**

Pn. Fatimah Bt Alias

### **Hon. Gen. Treasurer**

Pn. Nornisah Bakri

### **New Chairman**

1. Pulau Pinang-Pn. Vimala Subrayan
2. Kedah-Pn. Lailatul Hanum Bt Mohd Idris
3. Kelantan-Pn. Mona Azama Abu Bakar
4. Terengganu-Pn. Aini Bt Abd. Rani
5. Pahang-Pn. Munah Abd Rahman
6. Selangor-Pn. L. Yohgasundry Letchumanan
7. Perak-Pn. Noriah Suprat
8. Perlis-Pn. Hasimah Binti Jusoh
9. PPUM-Pn. Abidah Yasin
10. IJN-Pn. Lim Yet Foong
11. Sarawak-Pn. Sa-Reah bte Wahet
12. Negeri Sembilan-Pn. Suriah Rahim
13. Wilayah Persekutuan-Pn. Safiah Sutan Taharudin
14. Johor- Pn. Nurasyidah Pidek
15. Melaka-Pn. Hee Kim Lan
16. HUSM-Hjh. Rusnah Binti Yaso'
17. PPUKM-Pn. Wan Fatimah Wan Daud
18. SDMC-Pn. Chiew How Leng

## EDITORIAL BOARD MEMBERS FOR JAN - APRIL 2017 BULLETIN

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### **Chief Editor**

Pn. Fatimah Alias

### **Editors**

Journal Club Exco Members

### **Advisor**

Pn. Sharipah Asiah Al Junid  
Pn. L. Yohgasundry Letchumanan