



MNA Bulletin

THE OFFICIAL PUBLICATION OF MALAYSIAN NURSES ASSOCIATION

Contents

President's Message	1
Journal Club Chairman's Message	1
MNA on TV1 & Radio	2
IND at PICC	2
IND Scientific Seminar	3
Presentation of Tokoh Jururawat	3
TRIAD meeting	4
Forum Pretasi	4
MNA Leadership workshop & GNLI Program	5
Blood Donation Program	5
Membership Drive	6
Pacific Partnership	6
High Tea Celebration	7
Visit to Indigenous Peoples	7
Journal Club Conner: My Profession is a Nurse	7
Al fatihah	7

Vision

The Malaysian Nurses Association is the association of choice for all registered nurses in promoting and maintaining the honour, interest and the advancement of nursing as a profession.

Mission

Aims to become the premier association for Malaysian nurses dedicated to:

- Develop and promote high standards of nursing education, practice and research.*
- Uphold the image of nursing.*
- Abide by the professional ethics.*
- Be the centre of national and international nursing networking.*
- Implement and collaborate with other organizations for health promotion.*
- Express its opinion and to acquaint the government and other bodies with the policies and aspirations of the nursing profession.*
- Promote professional, social, cultural and charitable activities.*

PRESIDENT'S MESSAGE



Sharipah Asiah Syed Junid Al Junid

Bismillahirrahmanirrahim.

Assalamualaikum dan Salam Sejahtera

Congratulation to the SIG Journal Club and the Bulletin team for another successful publication.

Welcome to our 2nd issue of the MNA Bulletin for 2016 (May to August). With the help of this bulletin we hope to keep members updated with the happenings in MNA. Many events and activities were organized by Malaysian Nurses Association (MNA) during these months.

This issue highlighted the event on the 12th of May 2016, the International Nurses Day (IND) Celebration, held in Putrajaya International Convention Center (PICC), had gathered 3,000 nurses from all over Malaysia to celebrate a significant day exclusively for the Nursing profession. YB Datuk Seri Dr. S. Subramanian, Minister of Health Malaysia, officiated the IND celebration and had stressed the need to establish a Nursing University in Malaysia.

The other event that was featured is the MNA's participation which was highly welcomed during the TRIAD Meeting of Government Chief Nurse and Midwifery Officers, National Nursing Association and the Regulators. Held in Geneva, Switzerland on the 15th -23rd of May 2016. Meetings were organized by the International Council of Nurses (ICN) in conjunction with the World Health Assembly (WHA), the need for governments to invest in nursing and midwifery was highlighted, in order to achieve Universal Health Coverage (UHC) and Sustainable Development Goals (SDGs).

MNA welcomes involvement from members interested to contribute towards this bulletin. Skills in writing short stories, news briefs, creative quotes and captions is appreciated and accepted with high regard. To those with more artistic interest, photography or visual designs related to the nursing and midwifery field will also be considered for publishing.

Warmest Regards.



JOURNAL CLUB CHAIRMAN'S MESSAGE

Fatimah Binti Alias

Assalamualaikum and Salam Sejahtera

Dear members of Malaysian Nurses Association (MNA). Special Interest Group Journal Club is delighted to have you all to acknowledge the second issue from May till August 2016. We thank you all for your endless support. The Bulletin can never be published without input from you all. We will accept all valuable articles from members. May we all value and gain something of importance from the articles printed in this bulletin. Hope it will evoke wonderful memories for us to carry on in the years to come.

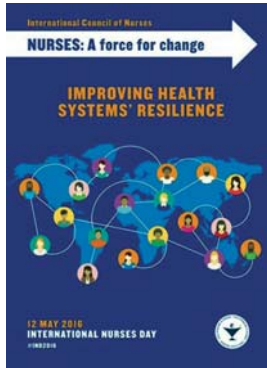
On behalf of all members, I would like to take this opportunity to express our deepest condolence to Arwah Cik Faridah Binti Omar, late Vice President (Service). Al fatihah. May Allah place her together with all the righteous. May she rest in peace.

With that, I hope you will enjoy reading, and do leave your constructive comments for betterment of the Bulletin.

Wassalam and Thank You.

INTERVIEW WITH MNA AND NURSING DIVISION ON TV1 'APA KATA WANITA' AND RTM TRAXXFM IN CONJUNCTION WITH THE IND CELEBRATION

To choose a career as a nurse is a difficult choice because it requires the interest and academic qualifications. As a nurse, there are many challenges faced in every aspect: self, family and the public. President MNA, Pn Sharipah Asiah Syed Junid Al Junid, Dr Aini Ahmad (Vice President Education) and En Zaidi Mohd Daud who represented the Male Nurse category, were asked about the challenges that must be faced by a nurse.



INTERNATIONAL NURSES DAY (IND) CELEBRATION AT PUTRAJAYA CONVENTION CENTRE (PICC) ON 12TH MAY 2015

The IND theme for 2016 is: Nurses: A Force for Change: Improving Health Systems' Resilience. Without fail, the Malaysian Nurses Association (MNA) supported by Nursing Division Ministry Of Health once again gathered 3500 nurses from all over Malaysia in PICC to celebrate the significant day of the Nurses.

In this event, recognition and appreciation to nurses who have contributed significantly to the nursing profession in the areas of education, Services and Community Health were awarded the Tokoh Jururawat 2016.

YB Datuk Seri Dr. S. Subramaniam, Minister of Health Malaysia, was given the honour to officiate the IND celebration. In his opening address, the Minister called upon all nurses to extend fervent support for the Malaysian Government's noble endeavour to achieve the vital goal of improving health and socioeconomic outcomes for the rakyat.

YB Datuk Dr Noor Hisham Bin Abdullah, Director General of Health Malaysia, YB Datuk Dr Chen Chaw Min, Secretary General, Hjh. Rosena Binti Hj Abdul Ghani, Acting Director of Nursing were among the distinguished guests from MOH celebrating the day with thousands of nurses.



COMMITTEE BUSY PREPARING FOR THE IND



LAUNCHING OF IND 2016 BY YB MINISTER OF HEALTH



PRESENTATION OF CARD FOR MALAYSIAN NURSES FROM MINISTRY OF HEALTH



MNA FRONT LINE



THE UNITY OF MALAYSIAN NURSES



DISTIGUIST GUESTS WITH THE NURSES



THE CAKE CUTTING CEREMONY BY IND 2016 COMMITTEE MEMBERS



CLOSING REMARK BY PRESIDENT MNA

IND SCIENTIFIC SEMINAR NURSES: A FORCE FOR CHANGE: IMPROVING HEALTH SYSTEMS' RESILIENCE



TOKEN OF APPRECIATION TO CIK ZAINORIAH – SPEAKER AT THE SEMINAR

This year's seminar was divided into two sessions. Prof Dr. Haslee Sharil Lim Bin Abdullah from Faculty of Leadership and Management, Islamic Science University of Malaysia presented Enhancing Resilience While Nursing Others. He suggested that nurses as health care providers, need to remain physically and mentally healthy in order to serve professionally with the highest standards possible.

Whereas the second speaker, Cik Zainooriah Binti Cato' Hj Zakaria, Head of Postgraduate Studies Centre, MAHSA University presented on; Nurses: A force for change: Improving Health System' resilience.



TOKEN OF APPRECIATION TO CIK ZAINORIAH – SPEAKER AT THE SEMINAR

PRESENTATION OF THE TOKOH JURURAWAT AWARDS 2016

This year the award winners were Pn Hj Katipah Awang in the area of Service, Pn Elizabeth Vijaya A/P Raghavan in the area of Education and Pn Puziah Khalid in the area of Community Health.



Pn Hj Katipah Awang (Service) started her nursing career in 1975 at the school of Nursing Melaka. During her years of service, she was a facilitator, instructor for the neonatal resuscitation for the state of Pahang. She was a speaker for numerous courses organised by the Hospital. For her contribution to nursing and Community service, Puan Katipah Awang was awarded Pingat Jaksas Kebaktian By the DYMM Sultan Pahang in 1984, Bantera Setia Diraja by the Yang di Pertuan Agong in 1984 and Ahli Mangku Negara by Yang di Pertuan Agong in 2009.



Pn Elizabeth Vijaya A/P Raghavan (Education) started her career as a staff nurse in 1983. Her passion in teaching nursing made her take up the Advance Diploma in Teaching and Master of Education. She was before a Nurse Educator, Senior Lecturer, Program Director and Deputy CEO. With her vast experience in Nursing Education, she was appointed as a Deputy Registrar and head of Examination Unit in Vinayaka Missions International University College. She was awarded Excellent Award from MOH, best online Tutor Award from OUM and Nurse Leader in Education Award by MNA Penang Branch in 2015.



Pn Puziah Khalid (Community) started her nursing career in 1977. She has taken the Public Health Nursing course in 1981. During her years of service as a community nurse, she was much involved as a facilitator besides providing counselling training program at the Kedah state level. She keeps herself professionally updated by active participation in attending courses, seminars and conferences at national and International levels. For her contributions, she has received numerous Excellent Service Awards from the state of Kedah. She was also conferred the Pingat Ahli Mangku Negara (AMN) from Yang di Pertuan Agong in 2008.

TRIAD MEETING OF GOVERNMENT CHIEF NURSING AND MIDWIFERY OFFICERS, NATIONAL NURSING ASSOCIATION AND NATIONAL COMPETENT AUTHORITIES (REGULATORS) WORLD HEALTH ASSEMBLY (WHA) GENEVA, SWITZERLAND.

Geneva, Switzerland, 15-23 May 2016 - Puan Sharipah Asiah Syed Junid Al Junid, President of Malaysian Nurses Association (MNA) and Puan Zurina Mohamad Saleh, Vice President of Malaysian Nurses Association (MNA) attended the meetings held by the International Council of nurses (ICN) in conjunction with the World Health Assembly (WHA), highlighted the need for governments to invest in nursing and midwifery in order to achieve Universal Health Coverage (UHC) and Sustainable Development Goals (SDGs).



OPENING ADDRESS BY: HRH PRINCESS MUNA AL HUSSEIN



REPRESENTATIVES OF ICN'S NATIONAL NURSING ASSOCIATION (NNA)

During TRIAD meeting:

Discussed, addressed issues of common interest, Sharing ideas, experiences and collaborative actions nationally, regionally and internationally. Workforce 2030. Global Commitments.

NATIONAL NURSING ASSOCIATION (NNA) Meeting:

81 representatives of ICN's National Nursing Association (NNA) members from 47 countries met to discuss strengthening NNAs and policy influence as well as addressing the contribution of the nursing midwifery workforce to the global health mandates of UHC and the SDGs.

A short visit to ICN office at 3, Place Jean Marteau, 1201 Geneva, Switzerland.



WITH PRESIDENT ICN JUDITH SHAMIAN



WITH JEAN BARRY, CONSULTANT NURSING & HEALTH POLICY, INTERNATIONAL COUNCIL OF NURSES

FORUM PRESTASI DAN PERMASALAHAN PELAJAR KEJURURAWATAN KURSUS SIAPSIAGA KE ARENA PEKERJAA (K-SIAP) 2016

Puan Sharipah Asiah Syed Junid Al Junid, Presiden Persatuan Jururawat Malaysia, menerima jemputan daripada Prof. Dr. Zaleha Abdullah Mahdy Dekan Fakulti Perubatan & Pengarah Hospital Canselor Tuanku Muhriz (HCTM) untuk memberi ceramah bertajuk Prestasi dan Permasalahan pelajar Kejururawatan kepada pelajar-pelajar Kejururawatan Tahun Akhir Ijazah Kejururawatan, pada 27/7/2016 bertempat di Dewan Kuliah 2, Bangunan Pra Klinikal, HCTM, Pusat Perubatan UKM.

Forum melibatkan Lembaga Perubatan Malaysia, Lembaga Jururawat Malaysia & Persatuan Jururawat Malaysia diwakili oleh Puan Zurina Mohamad Saleh, Naib Presiden (Komuniti, Media & Servis). Datin Leong pula mewakili Lembaga Jururawat Malaysia, KKM.

Forum ini membincangkan halatuju Jururawat sebagai persediaan di arena pekerjaan, komuniti, NGO di masa hadapan, bagi melahirkan generasi Jururawat yang professional & berintegriti.



MNA IN HOUSE LEADERSHIP WORKSHOP & 1ST GNLI LEADERSHIP DEVELOPMENT PROGRAM ON 4 AUGUST 2016

ICN is a federation of more than 130 national nurses' associations (NNAs), representing millions of nurses worldwide. ICN works directly with these member associations on issues of importance to the nursing profession. There is no individual membership to ICN. Nurses who are part of their national nurses association are automatically part of ICN.

ICN had fully sponsored 6 Malaysian Nursing Leaders who are members of MNA to attend the Global Nursing Leadership Institute (GNLI) from 1973 in Geneva. These leaders have an obligation to echo train their fellow members.

MNA Head Quarters has taken the initiative to organise the programme for those who have attended the GNLI to share their experiences and knowledge to benefit the other Nursing leaders.



MNA SECRETARIAT WITH GNLI EXCO MEMBERS



GNLI PARTICIPANTS



INVITED SPEAKER



GROUP DISCUSSION



INVITED SPEAKER



PRESIDENT WITH NEW BRANCH CHAIRMAN

BLOOD DONATION PROGRAMME

In conjunction with the International Nurses Day, HUSM MNA Branch has organized a Blood Donation Programme on 16-17 May 2016 at HUSM Blood Transfusion Unit. A total of 68 members of PJM Hospital USM have donated blood during this event.



EDUCATIONAL AND MEMBER DRIVE ACTIVITIES

Mdm. Catherine Pero and Mr. Dev Nath Kaushal representatives from the Institute of Higher Learning were given the responsibilities to take charge of the Educational Activities this year.

The Branch held activities at different locations in Sarawak with the objectives of imparting and sharing knowledge with members. The nursing Seminar Series was held at Sarawak Heart Centre in Kuching on the 25th of June 2016. Total of 174 participants attended the talk.

On the 23rd July 2016 the committee flew to Limbang which is in the northern part of Sarawak to conduct Nursing Seminar Series (3) in an attempt to bring MNA closer to members. There were 49 participants who attended the seminar and the committee also carried out a membership drive as well.



PACIFIC PARTNERSHIP 2016

On 11.8.16, member of MNA Pahang Branch were fortunate to board the US naval Mercy Hospital Ship and had a partnership program with the nurses and exchanged best nursing practices. The chairman and the branch secretary were given the task to present on the HTAA nursing policies which focused on:

- 1) Ensuring Medication Safety
- 2) Prevention of Pressure Ulcer
- 3) Prevention of Patient Fall

We found that our practices were quite similar. We used similar scale to assess patient risk for pressure ulcer and risk for fall. It was indeed a great opportunity for us to exchange our views and practices on patient care. The events started off at .00am and ended at 4.00pm.

We are friends. We are in a ship. Put them together and we form "Friendship"



Body search and bag check before you can board. We were giggling with fun. Security was very tight and they even checked our identity card. All names were submitted a week before for approval.

Being introduced to Mr Hollywood their talking mannequin



Isolation Unit

Intensive Care Unit

Presentation by Chairman of Pahang Branch (Pn Zaida Yahaya)

Presentation by Secretary of Pahang Branch (Pn Tan Sow Lian)

Exchange practice session



We were given Certificates of Appreciation by the Colonel in Charge Chief Nurse Jose Tinon for our contributions in this Pacific Partnership programme. A great moment to cherish

Always ever ready for group photos



MNA President, Past & Present SIG Perioperative Chairman

HIGH TEA CELEBRATION BY SIG PERIOPERATIVE WITH MISS KHOO YEAN PHIN (PAST SIG PERIOPERATIVE CHAIRMAN - FROM 1975-1979)

On 13th August 2016 SIG Perioperative organised a high tea celebration with past SIG Perioperative Chairman Miss Khoo from Melbourne, Australia.

A group of twelve people including perioperative committee members enjoyed the event at Crystal Crown Hotel Petaling Jaya sharing the memories of working together in perioperative nursing.

At the end of the celebration, a token of appreciation was presented to Miss Khoo by Puan Salawati Sidek (Chairman of SIG Perioperative) in the presence of MNA President, Puan Sharipah Asiah.



Presentation of Token

VISIT TO LOCAL INDIGENOUS PEOPLES VILLAGE

SIG PH Group organized a Working Tour Programme to the Pusat Community Feeding (RPS) Kemar Hulu Perak and visited the local Indigenous people(Orang Asli) in the vicinity of the Royal Belum State Park Hulu Perak District on 21/05/2016 -24/5/2016



Residence of the original Morfologi Royal Belum State Park

MY PROFESSION IS A NURSE

*I am proud to be a Nurse
This is what I am going to be
Then, now and forever*

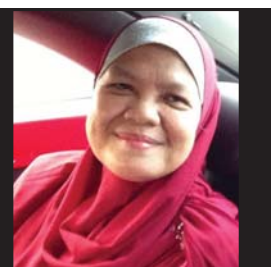
*My profession is a Nurse
I am there beside you when you inhale your first breath
And I am there beside you when you close your eyes
Who cares if you did not realize
Who cares if you did not express
The word thanks...until the end of your life.*

*I thank Allah because I am A Nurse
My hand spread beyond limit
To curb those in need*

*I thank Allah because I am A Nurse
My eye sees infinity
Black or White none I sees.*

It's hard to forget
SOMEONE who
gave you so much
to remember

8/4/2016:
Al fatihah....In Memory.
Late Vice President (Service)
Arwah Cik Faridah Binti Omar.



MNA COUNCIL MEMBERS 2016 - 2017

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Pn. Sharipah Asiah Syed Junid Al Junid

Vice President (Community & Media)

Pn. Zurina Mohamad Saleh

Vice President (Education)

Dr. Aini Ahmad

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4. Terengganu-Pn. Aini Bt Abd. Rani
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10. IJN-Pn. Lim Yet Foong
11. Sarawak-Pn. Sa-Reah bte Wahet
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13. Wilayah Persekutuan-Pn. Safiah Sutan Taharudin
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17. PPUKM-Pn. Wan Fatimah Wan Daud
18. SDMC-Pn. Chiew How Leng

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