



# MNA Bulletin

THE OFFICIAL PUBLICATION OF MALAYSIAN NURSES ASSOCIATION

## Contents

President's Message	1
Journal Club Chairman's Message	1
IND Day Celebration	2
IND Scientific Seminar	2
CNR Representatives Meeting & ICN Conference	3
The International Council of Nurses (ICN) Conference	3
21st National Perioperative Nursing Seminar 2015	4
NCWO Forum: Creating and Inclusive Culture	4
Ceramah Kesihatan Kepada PERISMA Kuala Lumpur	5
Majlis Pelancaran & Seminar Sempena Minggu Penyusuan Susu Ibu Sedunia 2015 Peringkat Antarabangsa	5
Aktiviti Pemeriksaan Kesihatan Door to Door Bahagian Surgeri Community Service Project	6
Lawatan Ke Rumah Anak-anak Yatim, Chemor, Perak	6
Tokoh Jururawat Awards	7
Journal Club Corner	7

## Vision

*The Malaysian Nurses Association is the association of choice for all registered nurses in promoting and maintaining the honour, interest and the advancement of nursing as a profession.*

## Mission

*Aims to become the premier association for Malaysian nurses dedicated to:*

- Develop and promote high standards of nursing education, practice and research.*
- Uphold the image of nursing.*
- Abide by the professional ethics.*
- Be the centre of national and international nursing networking.*
- Implement and collaborate with other organizations for health promotion.*
- Express its opinion and to acquaint the government and other bodies with the policies and aspirations of the nursing profession.*
- Promote professional, social, cultural and charitable activities.*



## PRESIDENT'S MESSAGE

Sharipah Asiah Syed Junid Al Junid

A very Warm Greeting to all members of MNA. It is indeed a great honour for me to be elected as the President for the term 2016 -2018. Firstly I would like to convey my sincere thanks to Puan Mariam Ali Madhar Ali, Immediate Past President for her support and guidance.

As we know the purpose of this bulletin is to provide knowledge to all members about the activities of the MNA which include the activities organized by the MNA HQ, Branches and Special Interest Groups. This is the first issue for 2016 bulletin, covering activities of MNA from January - April 2016.

Some of the activities highlighted in this issue are:-

- Commonwealth Nurses Federation 22nd Biennial Meeting 2016 and the 3rd Commonwealth Nurses and Midwives Conference
- 66th Annual General Meeting (AGM) and Nursing Seminar
- Community Project: Healthy Life Style and several outreach Community Programs
- Social events.

At the beginning of this year, MNA HQ is quite busy with the planning of annual activities to be conducted throughout the year 2016.

I am very proud for the effort and commitment of all members involved in organizing the activities as well as to the Journal Club and the editorial board for putting their hard work to publish this issue.

Finally I take this opportunity to thank all MNA members for the support and trust that you have given me to lead this organization. I will do my best and continue developing the activities of MNA along the roadmap that has taken us so far. The MNA will continue to grow to greater height in the near future.

I would like to call upon all nurses to be member of MNA and together we strive for the success of our profession bearing the slogan:

**DEEDS NOT WORDS**



## JOURNAL CLUB CHAIRMAN'S MESSAGE

Fatimah Binti Alias

*Bismillahirrahmanirrahim.  
Assalamualaikum dan Salam Sejahtera.*

Dear members of Malaysian Nurses Association, *Alhamdulillah*, once again we are able to report through this Bulletin some of our countless activities to YOU. The reported activities will be covered from January until April 2016. Members can also surf the Bulletin in our official MNA Website: [www.mna.org.my](http://www.mna.org.my).

SIG Journal Club would like to thanks MNA HQ for the trust given to us in handling the Bulletin. *Insha Allah* all the three issues for 2016 will be aired on time.

# 66<sup>TH</sup> ANNUAL GENERAL MEETING (AGM), AND NURSING SEMINAR

AT THE HOTEL AWANA PORTO MALAI, PULAU LANGKAWI, KEDAH ON 1ST APRIL -4TH APRIL 2016.

The 66th AGM was hosted by Kedah branch at Hotel Awana Porto Malai, Pulau Langkawi, Kedah from 1st until 4th April 2016. A total of 882 members have come from all over state of Malaysia to support the annual event of Malaysian Nurses Association. Many have volunteered to come because they know this is the perfect forum to discuss issues pertaining nursing profession.

During business session, the 65th AGM minutes meeting were read and debated, the proposals by members were discussed and attended activities were reported.

This year AGM was very significant because it was an election year for President and Honorary General Treasurer post. Pn Sharipah Asiah Syed Junid Al Junid and Cik Nornisah Bakri have won the post uncontested. Both of them are from PPUM Branch. Congratulation...



Immediate Mantan President  
Pn Mariam Madhar Ali



New Elected MNA President, Pn Sharipah Asiah  
Syed Junid Al Junid



2016-2017 Principal Council



2016-2017 LINE UP OF MNA OFFICE BEARERS REPRESENTING 18 MNA BRANCHES





## OUTSTANDING ACHIEVEMENT: WINNER OF ZUBAIDAH SHIELD

Pahang has been awarded the most active branch for 2016. They received the Zubaidah Shield challenge trophy. HUSM was second place followed by Sarawak, Kelantan and PPUM in fifth place. There are 5 consolation place awarded to Johore, PPUKM, RHDSC, Negeri Sembilan and Terengganu.



## MOST ACTIVE SPECIAL INTEREST GROUP: WINNER OF PRESIDENTIAL TROPHY

This year, a new award for Special Interest Group was introduced to all members. The winning award was sponsored by Pn Mariam Madhar Ali, the immediate past president. MNA wanted to encourage her Special Interest Group to become more aggressive in their contribution to members in the field of Education, Community and Social. SIG Perioperative was awarded at first place, SIG Journal Club at second place followed by MINSIG, Renal, Evergreen and Public health.



## PROGRAM SARINGAN KANSER PAYU DARA DAN MAMMOGRAM

KOLABORASI BERSAMA PERSATUAN CHUNG HWA DENGAN PERSATUAN ORANG KOTA BHARU (POKB) DI TESCO KOTA BHARU KELANTAN



Pada 21 hingga 23 April 2016, Persatuan Orang Kota Bharu (POKB) telah berkolaborasi bersama Persatuan Chung Hwa Kota Bharu dalam menganjurkan kempen kesedaran kanser payu dan saringan kesihatan. Seramai lima orang ahli MNA telah turut serta dalam program tersebut.

## KURSUS 'INSERTION OF IV DRIP'

Persatuan Jururawat Malaysia Cawangan Perak telah mengadakan Kursus 'Insertion of IV Drip' pada 23 April 2016, bertempat di Bilik Konferen, Hospital Raja Permaisuri Bainun Ipoh Perak. Seramai 63 peserta yang terdiri dari jururawat terlatih dari semua hospital di negeri Perak telah hadir bagi menayakan kursus tersebut yang bermula dari 8.00 pagi dan berakhir pada jam 4.30 petang.



## EDUCATIONAL SEMINAR & FORUM

YBhg. Datuk Dr. Hj. Azman Bin Abu Bakar, the *Pengarah Bahagian Perkembangan Perubatan KKM* presented a Keynote address on The Universal Health Coverage In Malaysia – Issues And Challenges. The Chairman for this session is Cik Siti Rabikhatun Dato' Mohd Zain

After tea break, the seminar continued with A Forum themed The Future of Public Health: The Legacy of MDGs: The Birth of SDGs which was chaired by Dr. Aini Ahmad, Vice President MNA (Education). The panel speakers were well known and have expertise to discuss the issue. They are YBhg. Dato' Chris Tan, Vice President Pemandu, A/P Dr. Sidiyah John Siop from Faculty of Medicine And Health Sciences, University Malaysia Sarawak and Matron Mahawa Abdul Manan, Pengarah Jururawat Kanan, Bahagian Pembangunan Kesihatan Keluarga, MOH, Malaysia.



## SOCIAL ACTIVITY OF SIG PERIOPERATIVE

On 17th April 2016, the members of SIG Perioperative enjoyed high tea celebration of winning the President Challenge Trophy Award 2016. The award was presented at the 66th MNA AGM in Langkawi on 3rd April 2016.





## COMMUNITY PROJECT: HEALTHY LIFE STYLE

In conjunction with the International Nurses Day, Malaysian Nurses Association Head Quarters collaborated with Sek. Men. Kebangsaan, Bdr. Tun Razak, MAKNA, UKM SC and Persatuan AIDS Malaysia organised the Fun Run at Tapak A, Taman Tasik Permaisuri, Cheras, K. Lumpur. It was held on Saturday 20 February 2016 from 7.30am until 1pm with the support from Polis Diraja Malaysia (PDRM), Ambulance HCTM, PPUKM, UITM, Dewan Bandaraya Kuala Lumpur (DBKL), Nestle Malaysia (Milo) and Gardenia Malaysia Sdn. Bhd.

The program objective is to expose the community towards a healthy lifestyle apart from fostering relationships among local communities through cooperation and enthusiasm of association. About 1300 participants from MNA members, teachers, students and publics join the aerobic exercise before they were release for the fun run.



## SOCIAL SERVICE

The Malaysian Nurses Association members from all races participated in the annual celebration of Gawai or also known as "Harvesting Festival" for the Dayak Community. This annual celebration which is uniquely for the people of Sarawak was held on the 29th April 2016 at the Penview Hotel Kuching Sarawak. Around 340 members were among the diners. It is a time of merry making and the highlight of the celebration is the selection of beauty queen among the different tribes of the Dayak race.





## NURSING REVISION SESSION



SIG Pediatrik telah mengadakan sesi pengajaran berkenaan Centile and Growth Chart dan ECG pada 30 April 2016, hari Sabtu bermula dari 8.00 pagi – 1.00 petang bertempat di Auditorium Pediatrik IPHKL. Seramai 76 orang Jururawat telah hadir pada sesi itu. Objektif Nursing Revision Session adalah untuk meningkatkan pengetahuan dalam mencatat carta centile, peranan jururawat dan cara interpretasi ECG.

## EDUCATIONAL VISIT TO UTUSAN KARYA SDN BHD

On 3 March 2016, SIG Journal Club with 10 of her members has visited Utusan Karya Sdn Bhd at Kompleks Perusahaan Bangi, Bandar Baru Bangi, Selangor, Darul Ehsan. The trip was organised by Special Interest Group, Journal Club. It was a great opportunity to learn more about journalism and advertisement. Members were ushered to witness the magazine sections. The briefing was given by Chief Editor, Encik Johar Ahmad and Chief Reporter of Magazine I-SIHAT. During the briefing, the Senior Manager of Operations, En Azlan Abdul Aziz has proposed MNA to write an article about nursing career. They will help in the process of printing and promotion. MNA will take up the good idea...



## COMMUNITY SERVICE

IN CONJUNCTION WITH HEALTH PROMOTION CAMPAIGN BY EMPLOYEE'S PROVIDENT FUND (EPF)

In conjunction with Health Promotion Campaign organized by Employee's Provident Fund (EPF), Malaysian Nurses Association (MNA), UMMC Branch has been invited to do the healthcare screening programmed. The activities were carried out on 20 April 2016 at the Foyer, Employee's Provident Fund (EPF) Building, Jalan Gasing, Petaling Jaya, Selangor. The activities start from 08.30 am until 5.00 pm.

The activities such as checking the blood pressure and blood sugar levels, Breast Self-Examination (BSE) and health education on healthy diet and stress management have been conducted. A total of 8 volunteers from MNA UMMC Branch took part in these activities. About 200 residents and visitors participated and has taken the opportunity to do the health screenings for free. Majority are aged between 23 years and above. The organizer therefore thanked the MNA, UMMC Branch for their cooperation.



## KEM KESIHATAN DI PERKAMPUNGAN ORANG ASLI

SLIM VILLAGE

Pada 16 April 2016 Persatuan Jururawat Malaysia Cawangan Perak dari Hospital Teluk Intan telah menganjurkan Kem Kesihatan di Perkampungan Orang Asli Sg. Bil, Slim Village, Slim River, Perak. Kem kesihatan tersebut telah bermula dari 8.00 pagi. Penglibatan seramai 16 orang ahli persatuan dan turut sama menjayakan kem kesihatan tersebut adalah Timbalan Pengarah Hospital Teluk Intan iaitu Dr. Azira Haron, dan juga Penolong Pegawai Perubatan Hospital Teluk Intan

Aktiviti kem kesihatan juga telah dijayakan oleh beberapa ahli dari Persatuan MNA Perak iaitu Pengerusi Persatuan Jururawat Malaysia Puan Hajjah Zamhuri Bt Haji Abd. Rashid dan beberapa ahli yang lain. Seramai 71 orang asli yang terdiri dari golongan dewasa 50 orang dan kanak-kanak seramai 21 orang yang mengambil bahagian dalam pemeriksaan tersebut. Sambutan terhadap kem kesihatan amat menggalakkan.





## CHAMPIONING SAFE PRACTICES IN INFUSION MANAGEMENT

A group of 9 medical and nursing experts on best practices in infusion management gathered at UKM Medical Centre on 23 July 2016 to enlighten 150 participants on “Safe Practices to Reduce Intravenous Line Related Infections”.

Puan Sharipah Asiah Aljunid, President of MNA gave the welcoming address. In her speech she voiced her concern on the rise of blood stream infections in hospitals and the need for extra vigilance when doing procedures and giving nursing care.

The seminar was organised by Malaysian Infusion Nurses Special Interest Group and supported by Terumo Malaysia Sdn Bhd and Department of Nursing, Faculty of Medicine, UKM. Feedback from participants was extremely encouraging with requests for more of such seminars with hands-on activities.



PUAN SHARIPAH ASIAH ALJUNID, PRESIDENT, MNA



DR BENEDICT SIM HOSPITAL SUNGAI BULOH



DR ZAINAH MOHAMED HEAD OF NURSING DEPARTMENT, UKM

## HARI KESIHATAN SEDUNIA 2016

Hari Kesihatan Sedunia 2016 telah diadakan di perkarangan Hospital Kuala Krai Kelantan pada 21 - 24 Mac 2016. Seramai 11 orang ahli MNA dari daerah Kuala Krai telah membantu dalam menjayakan program tersebut yang telah dianjurkan secara bersama oleh Hospital, Jabatan Penjara dan Jabatan Bomba Daerah Kuala Krai.

Pelbagai aktiviti telah diadakan termasuklah pemeriksaan kesihatan, pemeriksaan mata, derma darah, pertunjukan pemedaman api dan pameran dari wakil penjara. Program selama dua hari mendapat sambutan dari warga hospital dan penduduk sekitar daerah Kuala Krai. Lebih dari 300 orang yang hadir untuk mendapatkan pemeriksaan dan menjayakan aktiviti yang dijalankan.



## COMMONWEALTH NURSES AND MIDWIVES FEDERATION

22ND BIENNIAL MEETING 2016

### THE 3RD COMMONWEALTH NURSES AND MIDWIVES CONFERENCE

11TH - 13TH MARCH 2016 . LONDON, UNITED KINGDOM

The Commonwealth Nurses and Midwives Federation (CNMF) is a federation of national nursing and midwifery associations in Commonwealth countries.

The President of MNA Ms Mariam Madhar Ali and the Deputy President Ms Sharipah Asiah Syed Junid Aljunid represented MNA to the CNMF 22nd Biennial meeting on 11th March 2016 which was held at the Royal College of Nursing at 20, Cavendish Square, London, UK., followed by the 3rd Commonwealth Nurses and Midwives Conference on the 12th & 13th March 2016 held at the Royal College of Physicians, Regent Park, London, UK.

CNMF members from Malaysia, Australia, Bahamas, Botswana, Cook Islands, Cyprus, Ghana, Jamaica, India, Malta, Sierra Leone, South Africa, Rwanda, Tanzania, Trinidad and Tobago, and the United Kingdom attended the Biennial Meeting. Ms Cecelia Anim, President of the Royal College of Nursing (RCN) who hosted the CNMF Biennial, welcomed delegates to the RCN and officially opened the proceedings.

The 3rd Commonwealth Nurses and Midwives Conference with the theme **Toward 2020: Celebrating Nursing And Midwifery Leadership** to mark the bicentennial of the birth of Florence Nightingale and the WHO decade for a healthy world. The conference focused on the outstanding and innovative nursing and midwifery leadership in the Commonwealth countries where nurses and midwives provide care in the following areas: clinical practice research and innovation, education and training, policy, management, legislation and regulation.



The CNMF President, Ms Ramziah Ahmad chairing the 22nd Biennial Meeting



Delegates From The Commonwealth Countries at the Meeting



Malaysian delegates with CNMF President & Ms Jill, Executive Secretary CNMF



Ms Cecelia Anim, President RCN with Malaysian Delegates



## 18 MNA BRANCH' DELEGATES: 66TH ANNUAL GENERAL MEETING (AGM)



KEDAH



N. SEMBILAN



KELANTAN



MELAKA



IJN



JOHOR



HUSM



WPKL



TERRENGGANU



KELANTAN



SARAWAK



RSDHC



P. PINANG



PPUM



PPUKM



PERLIS



PERAK



PAHANG

## MNA COUNCIL MEMBERS 2016 - 2017

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### **President**

Pn. Sharipah Asiah Syed Junid Al Junid

### **Vice President (Community & Media)**

Pn. Zurina Mohamad Saleh

### **Vice President (Education)**

Dr. Aini Ahmad

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Pn. Fatimah Bt Alias

### **Hon. Gen. Treasurer**

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10. IJN-Pn. Lim Yet Foong
11. Sarawak-Pn. Sa-Reah bte Wahet
12. Negeri Sembilan-Pn. Suria Abd. Razak
13. Wilayah Persekutuan-Pn. Safiah Sutan Taharudin
14. Johor-Pn. Nurashidah Pidek
15. Melaka-Pn. Hee Kim Lan
16. HUSM-Hjh. Rusnah Binti Yaso'
17. PPUKM-Pn. Wan Fatimah Wan Daud
18. SDMC-Pn. Chiew How Leng

## EDITORIAL BOARD MEMBERS FOR JAN-APR 2016 BULLETIN

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Pn. Fatimah Alias

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### **Advisor**

Pn. Sharipah Asiah Al Junid

Dr. Aini Ahmad