



MNA Bulletin

THE OFFICIAL PUBLICATION OF MALAYSIAN NURSES ASSOCIATION

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Vision

The Malaysian Nurses Association is the association of choice for all registered nurses in promoting and maintaining the honour, interest and the advancement of nursing as a profession.

Mission

Aims to become the premier association for Malaysian nurses dedicated to:

- Develop and promote high standards of nursing education, practice and research.*
- Uphold the image of nursing.*
- Abide by the professional ethics.*
- Be the centre of national and international nursing networking.*
- Implement and collaborate with other organizations for health promotion.*
- Express its opinion and to acquaint the government and other bodies with the policies and aspirations of the nursing profession.*
- Promote professional, social, cultural and charitable activities.*



Mariam Madhar Ali

President's Message

Greetings to all members of MNA!

This is the 3rd issue of the MNA Bulletin for 2015. As usual the months from September to December had been busy months for all of us at HQ. We had to plan ahead for 2016. The plans of actions that will bring MNA become more visible and relevant to its members and the nursing world.

From September to December 2015, MNA members were involved with National and International events as follows:

- The Annual Board Meeting of ASIORNA at UE Convention Centre @ Changi Business Park, Singapore on 25 Sept,
- The Associated Country Women Of The World (ACWW) 11th Area Conference For South East Asia & The Far East on 18-22 October at The Grand Bluewave Hotel, Shah Alam, Selangor,
- The 16th ICN Asia Workforce Forum (AWFF) & 12th Alliance of Asia Nurses Association (AANA) on 17- 19 Nov at Academia, 20 College Road, Singapore,
- The 3rd NUS – NUH International Nursing Conference & 20th Joint Singapore – Malaysia Nursing Conference on 18-20 November, and
- The Regional Stigma Committee meeting held at Le Meriden Hotel, Cyber port 1, 100 Cyber port Rd, Hong Kong on 21 November 2015.

I wish to take this opportunity to wish all Christian members “Merry Christmas” and a “Happy New Year 2016” to one and all. Whilst the end of a period offers a good opportunity for introspection and deep reflection, a new beginning also brings with it fresh hope and determination to improve upon past performances. In this regard, the MNA can look back on the past year with a sense of pride for the many achievements in the midst of diverse challenges as we look forward to another good year in 2016.

Let us join hands and make it happen! Once again, I wish you all a very Happy and Prosperous New Year.



Fatimah Binti Alias

Journal Club Chairman's Message

Bismillahirrahmanirrahim.
Assalamualaikum dan Salam Sejahtera.

Every end marks a new beginning. With courage, faith and great effort, we shall achieve everything we desire. On behalf of SIG Journal Club, I wish all of you out there a very Happy New Year.

This is our last issue for 2015. The third issue of this Bulletin will cover the events and activities from September till December 2015. Malaysian Nurses Association (MNA) has widely exposed herself to the world. We have been invited by international partner to participate in their program. This Bulletin has included MNA involvement in HIV Stigma Steering Committee, ACWW, AWFF /AANA and ASIORNA.

I hope this will inspire young Malaysian nurses to be more active as member of MNA. Be more aggressive in your ambition to achieve the higher level of our professionalism.

16TH ICN ASIA WORKFORCE FORUM (AWFF) & 12TH ALLIANCE OF ASIA NURSES ASSOCIATION (AANA) MEETING

The Singapore Nursing Association hosted the 16th ICN Asia Workforce Forum 2015 (17 – 18 November 2015) and the 12th Alliance of Asia Nurses Association (AANA) Meeting (19 November 2015). It was held at Academia, 20 College Road, Singapore and attended by 11 countries that is, China, Hong Kong, Indonesia, Japan, Korea, Macao, Malaysia, Philippines, Singapore, Taiwan and Thailand.

Malaysia was represented by the MNA President Puan Mariam Madhar Ali and three other delegates – Puan Sharipah Asiah Syed Junid Aljunid the Deputy President, Puan Lailatul Hanum Mohd Idris the Chairman of MNA Kedah Branch and Puan Chik Hussain, Chairman of MNA HUSM Branch.

The 2 day forum was conducted by Nurse Consultant, International Nurses for Nurses and the 12th AANA meeting was chaired by Associate Professor Lim Swee Hai, the President of Singapore Nurses Association.

It was a fruitful forum and meeting with good professional collaboration and active discussions were carried out among the delegates on various topics and issues such as development in nurses' working condition, nurses' wages and career paths for nurses, advanced practice nursing, promoting positive practice environment, nursing ratio / nurses staffing etc.

We were able to share with one another in knowledge and networking for nursing profession and Malaysian Nurses Association (MNA). The event ended with certificate presentation and a word of thanks to Ms. Lesley Bell and the President of Singapore Nurses Association and her committees for their great effort in organizing the event. The 2016 ICN AWFF and AANA meeting will be held in China.



PRESIDENT MNA WITH MALAYSIAN DELEGATES



MS LESLEY BELL AND PUAN MARIAM MADHAR ALI TOGETHER WITH DELEGATES FROM MALAYSIA DURING THE CERTIFICATE PRESENTATION



PRESIDENT SINGAPORE NURSES ASSOCIATION WITH THE TOKEN OF APPRECIATION FROM PUAN MARIAM MADHAR ALI

ASSOCIATED COUNTRY WOMEN OF THE WORLD (ACWW) 11TH AREA CONFERENCE FOR SOUTH EAST ASIA & THE FAR EAST

The conference was held on 18-22 October 2015 at The Grand Bluewave Hotel, Shah Alam, Selangor. Malaysian Nurses Association attended on the 19-20 October 2015. President and 5 representatives participated in the conference hosted by the National Association of Women's Institutes of Malaysia. The Opening Ceremony was on second day 19 October 2015 officiated by YBHG. Datin Paduka Seri Hajjah Rosmah Mansor, wife of the Prime Minister of Malaysia.

The Conference theme was "Working Together for a Better Future" delivered by World President Ms Shanks AM, Australia. ACWW is the largest organisation of rural women and homemakers. The ACWW currently represents millions through the linking of over 376 country women's clubs and societies in 70 countries, each with their own national characteristics and independent activities. Through projects in rural communities ACWW aims to improve the standard of living for all women and their family.



YBHG. DATIN PADUKA SERI HAJJAH ROSMAH MANSOR, WIFE OF THE PRIME MINISTER OF MALAYSIA.



WORLD PRESIDENT: RUTH SHANKS AM, AUSTRALIA



MNA PRESIDENT AND 5 REPRESENTATIVES PARTICIPATED IN THE CONFERENCE

3RD NUS – NUH INTERNATIONAL NURSING CONFERENCE & 20TH JOINT SINGAPORE – MALAYSIA NURSING CONFERENCE 18-20 NOVEMBER 2015, SINGAPORE

The 3rd NUS – NUH International Nursing Conference & 20th Joint Singapore – Malaysia Nursing Conference was held in Furama Riverfront Hotel, Singapore from 18-20 November 2015. This Joint Singapore-Malaysia conference was mooted in 1996 to herald our bilateral partnership and commitment to provide a platform for our nurses to network and learn from each other. This conference is also being held to celebrate the 10th Anniversary of the Alice Centre for Nursing Studies and the 110th Anniversary of the National University of Singapore as well as the 50th Anniversary of Singapore as an independent country.

Hon. Gen Treasurer, Cik Nornisah Bakri and PPUM Branch chairman Pn. Cheng Siew Ting representing Malaysian Nurses Association at the conference. Welcoming and Opening Address was given by Professor Violeta Lopez. This was followed by Address by Guest-of-Honour Professor John Wong, the Chief Executive, National University Health System; Address by Ms Rosena Abdul Ghani, Deputy Director of Nursing, Ministry of Health, Malaysia; and Address by Ms Soh Chin Tan.



REGIONAL STIGMA STEERING COMMITTEE MEETING HONG KONG 21 NOVEMBER 2015

The Regional Stigma Steering Committee meeting was held at Le Meridien Hotel, Cyberport 1, 100 Cyberport Rd, Hong Kong. The aim of the meeting is to understand how to Educate Health Care Professional on the Implication of HIV- related Stigma of Treatment Success in non HIV Setting. The Steering committee then will be planning on developing an educational toolkit for healthcare practitioners to address these issues. The discussion started from 1300 till 1730 hour on 21 November 2015.

There are 4 participants from Malaysia including Ms. Zurina Mohamad Saleh, Vice President (Community & Media) of Malaysian Nurses Association (MNA). The attendees include other participants from Hong Kong, Singapore, Taiwan, Japan and Korea. They are the representatives of Nurses from Asia and Medical affairs colleague from local countries and ViiV Healthcare. The advisory board described above and provides expert advice on the questions raised. The activity was sponsored by GSK Hong Kong, to Develop of Education Tools Related to Stigma in the Field of HIV.

Malaysian Nurses Association (MNA) took part by giving the input about how to educate via face to face, on screen, online and social networking (SOS). To transform by identifying the platform: screening, education, media, visit and support treatment to safe life: Proper Antiviral, to improve quality of life.

**Regional Stigma Steering Committee Meeting
Hong Kong
Sat 21st November 2015**



BENKEL SUKARELAWAN KOSPEN

MNA cawangan Negeri Sembilan dengan kerjasama Biro Kesihatan NSW Negeri Sembilan telah mengadakan Bengkel Sukarelawan KOSPEN pada 8-9 Disember 2015. Seramai 77 peserta berkumpul di Dewan Besar NSW. YM Raja Datin Sri Hjh Salbiah Bt Tengku Nujumuddin, isteri kepada Menteri Besar NS telah hadir bersama meraikan majlis tersebut. Bengkel diadakan bertujuan untuk peserta memahami dan mengamalkan budaya hidup sihat dan juga para peserta bertindak sebagai agen dalam menggalakkan komuniti mengamalkan cara hidup sihat.



4 DAYS 3 NIGHTS TOUR TO HO CHI MINH CITY, VIETNAM

Malaysian Nurses Association University Malaya Medical Centre (UMMC) Branch has organized a 4D3N visit to Ho Chi Minh City, Vietnam on the 11th. - 14th. September 2015. Beside to visit historic sites and shopping, this activity aims to strengthen ties between members of MNA UMMC Branch. A total of 26 members and 4 non-members have participated in this visit. During the 4 days tour, they were accompanied by Mr. Adam, a tourist guide who can speak in Bahasa Malaysia fairly well.

They have visited the Historic Central Post Office, Ben Thanh Market, Unicorn Island Mekong Delta and visited a handmade coconut candy workshop. On the third day, the group visited the Cu Chi tunnels.



RESEARCH PRESENTATION LPPKN

The MNA Branch Chairman, Secretary and 10 other members from around Kuching had attended the Educational Presentation on the "Kajian Faktor Risiko dan Pelindungan Terhadap Kesihatan Seksual Dan Reproduksi Remaja di Sarawak". This event was held at Hotel Merdeka Palace, Kuching Sarawak on 1 Disember 2015. It was organized by the Lembaga Penduduk dan Pembangunan Keluarga Negara, Negeri sarawak. The presentation has given an important views evident base on how to tackle the sexual violent among us.



KEM MOTIVASI DI BARKAT RESORT, SELAT BAGAN NYIUR, PULAU TUBA, LANGKAWI, KEDAH

Persatuan Jururawat Cawangan Kedah menganjurkan Kem motivasi untuk exco, wakil hospital dan daerah telah di adakan pada 9 Oktober 2015. Penceramah jemputan Matron Norizan dijemput untuk memberi motivasi kepada peserta kem. Beliau merupakan mantan KPJ bahagian perubatan Negeri Kedah. Peserta kem berpeluang melawat klinik Desa Selat Lubuk Cempedak selepas sesi ceramah.



VISITS TO FLOOD VICTIMS AT ALOR PONGSU , KERIAN PERAK

On 18 November 2015, MNA Perak' Branch visited Sekolah Kebangsaan Cangkat Lobak, Kerian Perak. Mr. Yaser Arrafat (JKKK Changkat Lobak) welcomed the MNA team and thanked for their willingness visited flood victims. The MNA Perak Chairman, Madam Zamzuri thanked the peoples of Changkat Lobak for their willingness to receive the visit from MNA. Chairman also conveyed words of inspiration and encouragement to the people there to be steadfast and be strong in facing the floods. She asked the residents not to lose hope and continue to pray for the situation to become better. The Chairman hoped that with the visit, it will help to alleviate the plight of the people there. The Chairman also presented donation to the flood victims.



2015 ANNUAL BOARD MEETING OF ASIORNA REPORT

Pn. Sharipah Asiah Junid Al Junid, Pn. Salawati and Pn. Koh from Special Interest Group Perioperative proudly represented Malaysian Nurses Association at 2015 Annual Board Meeting of ASIORNA Report. The meeting was held on 25 September 2015 at UE Convention Centre @ Changi Business Park, Singapore.

The President of ASIORNA, Ms Salaya Paikemsirimongkol gave her welcome address. A word of thanks was given to Ms Jessica Leong, the chairperson Singapore Operating Room Nurses Chapter and committees for their great effort in organizing the ASIORNA Board meeting.

During the meeting, The Board members unanimously agreed to adopt standards of Perioperative Practice from AORN, ACORN and will implement it at own country. The ASIORNA have increased their country members when they accepted Nurses Colleague of New Zealand Nurses Organization into ASIORNA as a new member. The 5th ASIORNA Conference with a Theme: Future, Perioperative Forward Thinking will be held on October 2016 and The Annual Board Meeting of ASIORNA is confirmed in China on 2017.



EDUCATION SEMINAR

SIG (Education) held a one-day education seminar on 31 October 2015 at Auditorium A, KOMTAR, Jalan Penang, Pulau Pinang. Puan Mariam Madhar Ali, MNA President officiated the Seminar. Assoc. Professor Zahrah Saad, the Chairman of SIG Education gave her welcoming speech. Topics presented at the Seminar include “Innovative Nursing Curriculum for The 21st Century – A New Dawn In Nursing Education”, “Characteristics of A Thinking Based Curriculum & The Thinking Classroom – Stimulating Critical & Creative Thinking and Concept Based Curriculum”.

The highlight of the Seminar was a forum discussion entitled “Preparing Nurse Educators – Are We ready to respond to the call for Transforming Nursing Education?” A total of 95 academic personnel from public and private training institutions as well as hospitals attended the seminar.



Organising Committee

COLLABORATION EDUCATIONAL SEMINAR

On 28th November 2015 Perioperative Special Interest Group with Winner Medical and Maycare organized the one day educational seminar on new product technology 'Purcotton' at Wisma Jururawat. There were about 100 participants from Kuala Lumpur, Putra Jaya and Selangor in the Seminar.

It touched the topic on New Product Technology on Advance Wound Management in Operation Theatre and Tissue Adhesive Wound Management. There was a hand on demonstration with good learning experience for the participants on the surgical gown and drapes. The event ended with Q & A session with good feedback from participants.



PUAN MARIAM MADHAR ALI GIVEN THE OPENING SPEECH



PARTICIPANTS PARTICIPATE IN DEMONSTRATION ON SURGICAL GOWN



SPEAKER AND COMMITTEE MEMBERS



PARTICIPANTS FROM THE PROGRAMME

WRITING WORKSHOP- Write Your First

SIG Journal Club held a writing workshop on the 7th November 2015 at Wisma Jururawat, Petaling Jaya, Selangor. The objectives are to discuss the obstacles to writing, present strategies for getting started writing and strategies for maintaining a productive writing schedule.

A total of 22 participants attended the workshop. The participants are members from Sarawak, Selangor, Perak, PPUKM, HUSM, Kelantan and UMMC branch.

The invited speakers are Ms Sheila Sri Priya, a reporter from The Star and Ms Aminah Mokhtar a well known novelist in Malaysia. The one day workshop was divided into morning and afternoon session. The English session was held in the morning conducted by Ms. Shiela and the Bahasa Malaysia session by Ms. Aminah in the afternoon. Ms Fatimah Alias the Chairman of SIG Journal Club also shared her views on writing. The workshop ended at 1630 hrs. with positive feedback from the participants.



WELCOMING SPEECH BY PRESIDENT



THE CHOSEN ONES



MS SHEILA SRI PRIYA

JOURNAL CLUB CORNER

GOODBYE

2015

Today when we open our eyes
The world stills the same!
The sky is above us
And the earth still beneath us

The earth spin and spin
The year changed
Good bye MNA 2015
And we welcome 2016

The routine continue...
What we left behind for good
We will do it again
Only this time for better
And we hope for the best.

IND 2015
AGM 2015
Leadership Training 2015
Meeting...Meeting....Meeting 2015
And ext....ext.....extra

The routine...go on and on
People changed... leader changed....
But the routine still remain the same.

What we left for good
We will repeat it for better
We fill satisfied and said 'job well done'
Only we know what good we have left behind.

Tim 2015

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SEPT-DEC 2015 BULLETIN

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